

Overview

This study day will introduce the basics in cancer treatment modalities including surgery, chemotherapy and immunotherapy. These all treatments can have side effects towards the gastrointestinal (GI) tract and we will focus on them.

Immunotherapy has revolutionised cancer treatment but can have substantial adverse effects towards the GI tract as well as liver and biliary toxicity can be observed. All these side effects will be discussed.

An attention will be given to less frequent malignancies including appendiceal cancers and cancers involving the peritoneum. Surgical options will be shown. Consequences of altered anatomy after surgery for these tumours can include bile acid malabsorption as well as presence of dominant or non-dominant adhesions. This will be discussed in detail and an involvement of our experienced dietitians will take place.

Options in surgery for upper GI cancers will be introduced and small intestinal bacterial overgrowth, a common consequence of these surgeries, will be presented. Commonly used gastric protection, proton pump inhibitors, will be discussed especially in the context that their side effects are underestimated and not emphasized enough.

Clinical scenarios will follow after the theoretical introduction which will allow interaction with the audience.

Physiotherapy plays an important role before, during and after the cancer treatments and this will also be discussed during the conference.

Organisers:

Gastrointestinal and Nutritional Team – GIANT

Professor Darina Kohoutova, Consultant Gastroenterologist, Lead of GIANT service

Dr Maroua Hafi, Senior Clinical Fellow in Gastroenterology

Dr Ann Muls, Macmillan Nurse Consultant GI, Consequences of Cancer Treatment & NIHR, Senior Research Lead for Nursing & Midwifery

Ari Rondthaler, Clinical Nurse Specialist

Catherine Fleuret, Dietitian

Jennifer Towse, Dietitian

April Windsor, Physiotherapist

Gastrointestinal Consequences of Cancer Treatments Study Day

Wednesday 4th November 2026

Audience:

This study day is aimed at Allied Healthcare Professionals (doctors, nurses, dietitians, radiographers, physiotherapists)

Venue:

The Royal Marsden Education and Conference Centre Chelsea, Stewart's Grove, London SW3 6JJ

CPD accreditation applied for from the Royal College of Physicians

Cost:

£150 for doctors

£100 for nurses/trainees/dietitians

Register:

www.royalmarsden.nhs.uk/giant

Get in touch:

Conferenceteam@rmh.nhs.uk

Follow us:



Morning

08:30 Welcome and Introduction

Adverse Events of Immunotherapy I

09:00 Immunotherapy Induced Colitis: Symptoms and Options of Treatment

Prof Nick Powell, Professor of Gastroenterology
Imperial College of London & The Royal Marsden NHS Foundation Trust

09:20 Gut Bacteria; Antibiotics and Probiotics – Enemies in Immunotherapy?

Dr James Alexander, Consultant Gastroenterologist
Imperial College London

09:40 Q&A Session

Adverse Events of Immunotherapy II

09:50 Hepatitis

Dr Matthew Foxton, Consultant Gastroenterologist
Chelsea & Westminster Hospital & The Royal Marsden NHS Foundation Trust

10:10 Cholangitis

Prof Darina Kohoutova, Consultant Gastroenterologist
The Royal Marsden NHS Foundation Trust

10:30 Q&A Session

10:40 Break

Lower GI Surgery and Its Side Effects

11:00 Appendiceal and Peritoneal Cancer: Surgical Options

Mr Brendan Moran, Colorectal Surgeon
Basingstoke and North Hampshire Hospital

11:30 Bile Acid Malabsorption

Dr Richard Appleby, Consultant Gastroenterologist
Royal Devon University Hospitals NHS Foundation Trust

11:45 Diet in Bile Acid Malabsorption

Miss Jennifer Towse, Specialist Dietitian
The Royal Marsden NHS Foundation Trust

11:55 Presence of Adhesions Post Abdominal Surgery: Clinical Features

Dr Maroua Hafi, Senior Gastroenterology Fellow
The Royal Marsden NHS Foundation Trust

12:05 Diet in Patients with Adhesions

Mrs Catherine Fleuret, Specialist Dietitian
The Royal Marsden NHS Foundation Trust

12:15 Q&A Session

Afternoon

12:30 Lunch & Exhibition Networking Session

Upper GI Surgery and Its Side Effects

13:15 Oesophageal Surgery: Current Options

Mr Sacheen Kumar, Consultant Upper Gastrointestinal and General Surgeon
The Royal Marsden NHS Foundation Trust

13:35 Small Intestinal Bacterial Overgrowth

Dr Ana Wilson, Consultant Gastroenterologist
St Mark's Hospital

13:55 Proton Pump Inhibitors: Friend or an Enemy?

Prof Jan Bures, Military Hospital in Prague, Czech Republic

14:15 Q&A Session

14:30 Break

Session of Case Reports

14:45 Pancreatic Insufficiency

Ann Muls, Macmillan Nurse Consultant
Catherine Fleuret, Specialist Dietitian
The Royal Marsden NHS Foundation Trust

15:00 Bile Acid Malabsorption

Ari Rondthaler, GI Clinical Nurse Specialist
Jennifer Towse, Specialist Dietitian
The Royal Marsden NHS Foundation Trust

15:15 Rectal Bleeding

Dr Maroua Hafi, Senior Gastroenterology Fellow
The Royal Marsden NHS Foundation Trust

15:30 Break

15:40 Impact of Exercise Towards Overall Health and Outcomes;
Before, During and After Cancer Treatment

April Windsor, Specialist Pelvic Health Physiotherapist
Shana Hall, Living With and Beyond Cancer Service Lead
The Royal Marsden NHS Foundation Trust

16:20 Q&A and Closing Remarks



Thank you to our Supporters

GOLD SPONSORS

SILVER SPONSORS



**Nutrition
& Health**



GE HealthCare

BRONZE SPONSORS



CHARITY SPONSORS



**PELVIC
RADIATION
DISEASE
ASSOCIATION**

The above sponsors provided funding for the meeting and have stands at the event, but they have had no input into the programme, selection of speakers or topics.