

PRDA26 Speakers



Dr Claire Higham, BA, DPhil (Oxon), MBBS, MRCP (Diabetes and Endocrinology), Consultant Endocrinologist, Christie NHS Foundation Trust.

Dr Higham has a number of clinical and academic responsibilities across The Christie, Wythenshawe Hospital, and the Universities of Derby and Manchester. At The Christie, Claire has a number of clinical responsibilities, including her roles as Clinical Lead for the Long Term Endocrine Complications of Cancer Treatment Service and the Joint Late Effects Clinic with Oncology.

Claire was awarded a Medical Research Council Clinical Academic Research Partnership Award in 2019 to investigate bone toxicity following pelvic radiotherapy.

Alongside her clinical and research work, Claire is Co Lead for the Masters module Living With and Beyond Cancer, delivered in conjunction with The Christie School of Oncology and the University of Manchester.

Her work brings together clinical care, research and education, with a particular focus on supporting people living with and beyond the long term effects of cancer treatment.



Mr Ramesh Thurairaja, MD, FRCS (Urol), FEBU

Consultant Urological Surgeon, Guy's and St Thomas' NHS Foundation Trust, London.

Mr Thurairaja is a pioneer in the management of radiation cystitis and leads a dedicated national specialist Radiation Cystitis Clinic, which has been providing care since 2016. The clinic supports people living with complex urinary and pain symptoms caused by pelvic radiotherapy, with patients referred from across the UK by both specialist teams and GPs.

Through this work, Mr Thurairaja has developed extensive expertise in understanding and managing the longer term effects that pelvic radiotherapy can have on the urinary system.



Prof. Stephen Radley, MA, MB BS, MD

Consultant Gynaecologist and Specialist in Urogynaecology, Sheffield Teaching Hospitals NHS Foundation Trust.

Prof. Radley is Clinical Lead and Training Programme Director for the Urogynaecology Unit at Sheffield Teaching Hospitals NHS Foundation Trust and Director of Research for the Jessop Wing.

Stephen has pioneered the use of web based assessment and telephone consultation in gynaecology, with his research exploring patient experience, communication, access and the benefits of these approaches for both new and follow up patients.

He was responsible for the design and implementation of ePAQ, an electronic Personal Assessment Questionnaire used to assess patients' conditions, quality of life, progress and outcomes. ePAQ is now widely used across gynaecology and other areas of healthcare.



Dr Lisa Durrant, PhD, MSc.

Macmillan Consultant Radiographer for radiation late effects at Beacon Radiotherapy, Musgrove Park Hospital, Somerset NHS Foundation Trust.

Dr Lisa Durrant has a clinical role providing symptom support for people experiencing late effects from radiotherapy treatment. As part of the South West Radiotherapy Late Effects Services, she is committed to raising awareness of Pelvic Radiation Disease and ensuring access to holistic care.

Dr Durrant is also an Honorary Clinical Fellow at the University of Exeter, with a particular interest in simple, evidence-based approaches to understanding and improving the management of radiotherapy late effects.



Dr Clair Wade, Hyperbaric Physician, DDRC Healthcare.

Dr Wade has worked in hyperbaric medicine since 2013 and is Deputy Medical Director at DDRC Healthcare, having previously served as Medical Director.

Throughout her time at DDRC, she has been responsible for the assessment and treatment of divers and other patients receiving hyperbaric oxygen therapy across the recognised European and UHMS indications.

Alongside her clinical work, Clair is actively involved in education and training. She teaches on European Basic Hyperbaric Medicine courses, delivers teaching to medical students and junior doctors, and contributes to the training of diving medical practitioners through DMAC Level 1 and Level 2 courses. She has also served as an examiner for the University of Plymouth's MSc programme in Diving and Hyperbaric Medicine.

Clair undertakes regular on-call work for diving emergencies and performs both HSE and recreational diving medical assessments, as well as occupational health medicals supporting the offshore energy industry. A long-standing attendee of British Hyperbaric Association's conferences, she has previously served on the Association's committee.

In addition to her hyperbaric medicine practice, Clair works as a GP. She is also a recreational scuba diver and, at home, the self-appointed CEO of a busy household with two young children.



Robyn Bowman, CNS

Pelvic Late Effects, Leeds Teaching Hospitals NHS Trust.

Robyn Bowman is Lead for the Pelvic Late Effects Service at Leeds Teaching Hospitals NHS Trust, where she has worked since 1998. She has extensive experience in nursing and oncology, with a particular focus on supporting patients living with the longer term effects of cancer treatment.

Robyn has played a leading role in the development of *Between the Navel and the Knees: Intimacy and sexual function after pelvic chemoradiotherapy*, a project developed by the Pelvic Late Effects team at Leeds Teaching Hospitals in response to conversations with patients about an often overlooked aspect of life after cancer treatment.

The project received the Most Impactful Innovation Award from the West Yorkshire and Harrogate Cancer Alliance and was also shortlisted in the Public Health Nursing category at the Nursing Times Awards.



Dr Emma Hainsworth

Senior Nurse Research Fellow, Applied Health Research Group, The Royal Marsden NHS Foundation Trust.

Dr Emma Hainsworth currently works as a senior nurse research fellow within the Applied Health Research Group at the Royal Marsden Hospital.

Her PhD, awarded in March 2019 was a qualitative research study exploring the experiences of people living with a dual diagnosis of HIV and cancer.

She has built on this work most recently with an NIHR RfPB award aiming to improve the care experience and quality of life for people living with HIV who undergo pelvic chemoradiotherapy for anal cancer.

Since joining the Royal Marsden, she has led several patient involvement projects including co-production work with black men at risk of prostate cancer. She has a particular interest in work which advances health equity in cancer care and works on a wide variety of Applied Health Research projects using qualitative research methods across the trust.



Dr Christine Addington

Applied Health Researcher, Applied Health Research Group, The Royal Marsden NHS Foundation Trust.

Dr Christine Addington is an Applied Health Researcher within the Applied Health Research Group at the Royal Marsden Hospital and works as a Specialist Pelvic Health Physiotherapist at LETO woman.

Working in both clinical practice and applied health research provides an opportunity not only to support people living with the consequences of cancer treatment, but also to work alongside patients, communities, and healthcare professionals to understand their experiences and co-develop interventions that can be evaluated and implemented in practice.

She has a particular interest in exploring the potential of participatory action research to reduce health inequalities. More recently, she has supported an NIHR-funded study focused on improving person-centred care for people living with HIV and anal cancer, contributing to the co-development of resources to support the late effects of treatment, including sexual wellbeing.



Georgina Giebner, RD, MSc, BSc (Hons)

Specialist Dietitian for the Greater Glasgow and Clyde NHS and director at The Rehab Dietitian Limited.

Gina is an advanced specialist oncology dietitian with over 20 years of experience in dietetics. Gina has and currently works in a number of areas of oncology, specialising in gastrointestinal cancers. Gina has completed Masters level training in gastrointestinal side effects from cancer treatments; both during and long after treatment.

She was a multi-disciplinary team contributor and co-author on the 2025 British Society of Gastroenterology practice guidance on the management of acute and chronic gastrointestinal symptoms and complications as a result of treatment for cancer.



Susan Vyoral, RD, BSc (Hons)

Macmillan Oncology Dietitian, Royal Surrey NHS Foundation Trust, Guildford, Surrey. Following a career change, Sue has worked as a dietitian since graduating from Surrey University in 2007. For the past 14 years she has specialised in oncology, working with patients with a variety of different cancer diagnoses.

Her first role in oncology was at The Royal Marsden Hospital where she worked in the original GI and Nutrition Team that established guidance on managing consequences of cancer treatment. She has co-authored papers on the subject including the 2025 BSG guidance.

Now at the Royal Surrey, Sue has a particular interest in diagnoses and treatments that affect digestion, absorption and nutritional status. Sue is proud to be on the medical advisory panel of the Pelvic Radiation Association.

She has spoken at national conferences and training days, and has also worked with Bowel Cancer UK on GI late effects. Sue is passionate about raising awareness of the GI consequences of cancer treatment, and the importance of training and working alongside other health professionals in this field.'



Dr Lesley Smith BSc, PhD

From 2018 to August 2026, Lesley was the Senior Programme Manager for Living With and Beyond Cancer at NHS England.

Prior to that she worked for 7 years at Macmillan Cancer Support as Consequences of Treatment Programme Manager, working mainly on consequences of pelvic cancer treatments.

Before Macmillan, Lesley worked in NHS management for 20 years, after a short career in lab research resulting in a PhD in toxicology. Lesley became a PRDA Trustee in 2017 and remains as passionate today about improving care for people with PRD as when she first learned about the severity of impact of cancer treatments on quality of life.